



2025 Learn to Curl Program



What is it?

- *NO EXPERIENCE NECESSARY
- *Recreational Program
- *10 weeks of on ice instruction for both regular and stick curling
- * Designed to provide new curlers with the fundamental knowledge of curling
- *Supported by friendly, experienced and enthusiastic instructors
- *A great way to meet people, have fun and exercise in the winter
- *Bring a friend and enjoy the experience together!

What will I learn?

- * How to move safely on the ice
- *How to throw a rock and sweep
- *An understanding of how the rock curls and the role of sweeping
- *Understanding of positions on the team
- *Rules of curling
- *Curling etiquette, lingo and practices
- *Have fun!!!



When is it?

- *Starts Mon. Oct. 20, 2025 @ 6:30 pm. - Continues each Monday until Mon. Jan. 5, 2026
- *Instruction of 1.5 - 2 hrs. will be provided each week for 10 weeks
- *An Additional option of League play is available at end of 10 weeks - to commence Mon. Jan. 12 to Mar. 23, 2026

What equipment do I need?

- *Clean running shoes
- *Warm, comfortable clothing that allows you to stretch a bit.
- *Mittens/gloves.
- *The club will provide all other equipment needed (Broom, stabilizer, Slider)

How much does it cost?

- \$200 + HST - 10 weeks of instruction (Oct.20-Jan.5,2026)
- \$200 + HST – 11 weeks of League play (Jan.12 to Mar.23, 2026)

How do I sign up or where do I get more information?

www.brockvillecountryclub.com

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